

At 8:39 p.m. on July 16, 1999, John Kennedy, Jr., his wife, and his sister-in-law departed in a single-engine plane from Essex County, New Jersey, to attend his cousin's wedding the next day. Sadly, the aircraft crashed and none survived. Vertigo, a condition in which the pilot's internal system of balance is thrown askew, making it impossible to sense the position, speed, and trajectory of the plane, likely was a factor in the crash. To overcome vertigo, a pilot must exercise an iron will to rely fully on the plane's instruments, which don't mislead.